



PROLOTHERAPY - FROM HEAD TO TOE • MARCH 5-8, 2009 • THE RANCHO BERNARDO INN, CA



**The American College of Osteopathic Sclerotherapeutic Pain Management
2009 SPRING TRAINING SEMINAR • MARCH 5-8, 2009**

THURSDAY • MARCH 5, 2009

8:00 AM	Program Chairman & President: Welcome & Updates	Aline Fournier D.O.
8:15 AM	Prolotherapy Basics (45 min)	Kent Pomeroy M.D.
9:05 AM	Cervical/Head Prolotherapy (55 min)	Damon Whitfield D.O.
10:00 AM	20 Minute Break	
10:20 AM	Prolo-Mesotherapy: A Case Study (55 min)	Aline Fournier D.O.
11:25 AM	The Shoulder/Upper Extremity (55 min)	Suzanne Alt, D.O.
12:30 PM	Luncheon Buffet	
1:30 to 2:30 PM	ATTEND YOUR CHOICE	
	SHOULDER	Suzanne Alt, D.O.
	CERVICAL	Damon Whitfield, D.O.
	MESOTHERAPY	Aline Fournier, D.O.
2:35 to 5:00 PM	OPEN/ROTATING HANDS-ON STATIONS	
	Station #1 SHOULDER	Suzanne Alt, D.O.
	Station #2 CERVICAL	Damon Whitfield, D.O.
	Station #3 MESOTHERAPY	Aline Fournier, D.O.
	Station #4 NOVICE STATION	Kent Pomeroy, M.D.
5:30 to 7:00 PM	ACOSPM Board Meeting	

FRIDAY • MARCH 6, 2009

8:00 AM	Program Updates & Announcements	
8:15 AM	Solving the Mystery of Poor Health & Healing by Stress Assessment Testing (55 min)	Dr. Pomeroy M.D.
9:15 AM	Thoracic spine /Rib cage/ 1st rib/ Serratus (55 min)	John Sessions, D.O.
10:15 AM	20 Minute Break	
10:35 AM	Neural therapy (55 min)	Gerald Harris, D.O.
11:35 AM	Lumbar & Pelvis (55 min)	Walter Grote, D.O.
12:30 PM	Luncheon Buffet	
1:30 to 2:30 PM	ATTEND YOUR CHOICE	
	BIO-MERIDIAN TESTING	Kent Pomeroy, M.D.
	LUMBAR/PELVIS	Walter Grote, D.O.
	NEURAL THERAPY	Gerald Harris, D.O.
	THORACIC SPINE AND RIBS	John Sessions, D.O.
2:35 to 5:00 PM	OPEN/ROTATING HANDS-ON STATIONS	
	Station #1 BIO-MERIDIAN TESTING	Kent Pomeroy, M.D.
	Station #2 LUMBAR/PELVIS	Walter Grote, D.O.
	Station #3 NEURAL THERAPY	Gerald Harris, D.O.
	Station #4 THORACIC SPINE & RIBS	John Sessions, D.O.
	Station #5 NOVICE STATION	Christopher Davis, D.O.

SATURDAY • MARCH 7, 2009

8:00 AM	Program Updates & Announcements	
8:15 AM	Intra-venous Vitamin Protocols to Boost the Immune System (55 min)	Juergen Winkler, M.D.
9:15 AM	Prolotherapy for the Knee (55 min)	Andrew Kulik, D.O.
10:10 AM	20 Minute Break	
10:30 AM	OMT Techniques for Prolotherapy (55 min)	Gregory Strebel, D.O.
11:30 PM	Difficult Areas to Treat with Prolotherapy; What to Avoid & How to Treat (55 min)	TBA
12:30 PM	Luncheon Buffet	
1:30 to 2:30 PM	ATTEND YOUR CHOICE	
	NAVIGATING DIFFICULT AREAS	TBA
	PROLOTHERAPY FOR THE KNEE	Andrew Kulik, D.O.
	OMT TECHNIQUES	Gregory Strebel, D.O.
2:30 to 5:30 PM	Three Dimensional Human Anatomy with the Focus on the Major Joints & Ligaments conducted by Stefan Hagopian, D.O. (Using Actual Cadaver Slides)	

SUNDAY • MARCH 8, 2009

8:00 AM	The Ankle/Foot & Digits. (55 min)	Chris Davis, D.O.
9:00 AM	Sclerotherapy of Veins & Hernias. (55 min)	John Sessions DO
10:00 to 12:00 PM	120 MINUTES	
	Station #1 WORKSHOP FOR VEINS	Kent Pomeroy, M.D.
	Station #2 WORKSHOP FOR ANKLE/FOOT & DIGITS	Chris Davis, D.O.
12:00 PM	MEETING Adjourned	



PROLOTHERAPY

FROM HEAD TO TOE

MARCH 5-8, 2009

THE RANCHO BERNARDO INN

SAN DIEGO, CA

REGISTER FOR THE SEMINAR ONLINE! WWW.ACOSPM.COM

The 2009 Rancho Bernardo conference will provide stimulating lectures sure to capture the interest of both seasoned and novice Prolotherapist.

The program has been formatted to provide lectures introducing the participant to injection techniques to treat the patient from head to toe. In addition, lectures have been selected to instruct the Prolotherapist in methodologies that will enhance injection therapy results. Examples of these lectures are Electro-acupuncture testing, Mesotherapy, Neural Therapy, Nutritional IV Therapy and Manual Medicine.

Afternoon one hour workshops will enable individuals the opportunity to gain more in depth knowledge of their choice of a morning lecture. This will be followed by a group joint workshop instructed by some of the most experienced practitioners in the field. The participant will gain hands-on injection experience and an opportunity to solidify the points covered in the morning lectures.

Saturday's afternoon session will be highlighted by an anatomy lecture using actual 3-D cadaver slides covering the major injection areas discussed during the conference. Experience anatomy lab without the formaldehyde.

Come and enjoy the peace and quiet of the Rancho Bernardo Inn and this unique learning opportunity. Buffet breakfast and lunches are provided to registered participants.

The conference will be held at the The Rancho Bernardo Inn Golf Resort & Spa one of San Diego's Premier Golf Resort and Conference Center.

Rancho Bernardo Inn Golf Resort & Spa is close to everything that makes San Diego one of the nation most popular travel destinations; Southern California's famous Beaches, Wild Animal Park, SeaWorld, world-famous San Diego Zoo, LegoLand and more.

The Inn recently completed a \$25 million-dollar renovation completely refurbishing the Guest Accommodations with upgrades throughout including: 42" Flat-Screen TVs, Wireless Internet, Private Patios or Balconies, and more. The renovation however did not disturb the serene and beautiful parklike surroundings that overlook the Championship Golf Course.

The Spa at Rancho Bernardo Inn is San Diego's Newest, Luxury Resort Spa featuring state of the art Treatment Rooms, Temperature-Controlled Outdoor Treatment Casitas, relaxing Water Features and Sunning Lounges. Guest can enjoy the Inn's award winning restaurants or sample the local restaurants. Free shuttle service is offered for a six mile radius from the Inn.

I look forward to seeing you in San Diego,

Aline Fournier, D.O.,
Program Chairman

REGISTRATION FORM

The American College of Osteopathic Sclerotherapeutic Pain Management's
Spring 2009 Training Seminar • March 5-8, 2009
PROLOTHERAPY FROM HEAD TO TOE

First Name: _____ M.I. _____
Last Name: _____
Degree: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Daytime Phone: _____
Email Address: _____
AOA# (if applicable) _____

CONFERENCE FEES

(Includes 4 continental breakfasts & 3 luncheon buffets, intensive 3D anatomy lecture, 3 days of hands-on workshops & entire program of handouts on one personalized CD).

- \$750.00 Seminar Fee (ACOSPM Members)
 \$1,050.00 Seminar Fee (Non-Members)
 \$275.00 Students/Residents
 \$225.00 Accompanying guest (meals only)

Guest Name: _____

Indicate any special dietary needs: _____

PAYMENT OPTIONS

- Check (payable to ACOSPM) Mastercard Visa

Cardholder's Name _____

Card # _____ Exp. Date: _____

Please return form with payment no later than February 5, 2009

You may mail in the form to ACOSPM&S, 303 S. Ingram Ct., Middletown, DE 19709, Attn: Linda Pavina, fax it to (302)376-8081 OR go to our website www.ACOSPM.com and download registration. Complete and email to LindaPavina@verizon.net

HOTEL INFORMATION • www.ranchobernardoinn.com

Rancho Bernardo Inn

17550 Bernardo Oaks Drive • San Diego, CA 92128 • 858-675-8500

The ACOSPM group rate is \$199.00/night for a standard TWO room suite. Space is limited so make your reservations as soon as possible.

This rate is available until February 5, 2009.

PLEASE request the ACOSPM GROUP RATE.

MAKE RESERVATION ONLINE AT:

<https://reservations.jcresorts.com/RBI/logon.asp?showStartHere=1>

ADDITIONAL INFORMATION

Seminar Fee includes 4/continental breakfasts & 3/luncheon buffets.

Please indicate any special dietary needs on the registration form.

Please direct any questions to Linda Pavina • (800) 471-6114

STATEMENT OF COURSE ELIGIBILITY

I understand that the techniques, treatments and practical applications taught at the ACOSPM workshops require that the participants hold a valid Medical License in the State/Province of their practice. Attendees who do not have a valid medical license to diagnosis, inject or prescribe medications or treatments for a human patient are limited to observation only, and may not be eligible for a certificate of completion. I, the undersigned, hereby certify that I am currently a legally licensed Doctor in the

State/Province of _____, in the Country of _____.

Signature: _____ Date _____